METACOGNITIVE SKILLS

LESSON 10-30 ▲ LESSONS ON LEADERSHIP FROM “THE DANCING GUY”

**LEARNING GOALS/OUTCOMES**

* Strengthen the perception students’ have of themselves as leaders.
* Identify their own leadership qualities.
* Describe strategies for becoming a leader.

**MATERIALS NEEDED**

* **Computer with access to internet and projection capabilities** to display the “Dancing Guy” video on YouTube (<https://www.youtube.com/watch?v=MgNaozZkwCQ>). *Note: This video does not have any narration – it is just a visual representation of how people follow the leader, even across the world.*
* **Chart paper or board**
* **Markers**

**CLASSROOM ACTIVITIES**

1. **Ask the students to think about what they know about leadership and its many traits.** Share with the students that the lesson today is going to be about using strategies to be a leader, especially the leadership skills needed to seek additional education beyond high school.
2. **Share with students they are going to watch a video about a man dancing.** Ask the students to pay attention to the leadership strategies used in the video.
3. **Show the video:** <https://www.youtube.com/watch?v=MgNaozZkwCQ>
4. **After the video is complete, ask the students to share the leadership strategies they noticed.** Make a list on chart paper or board of what students saw. Hopefully, they will identify that:

Main Dancing Guy (Matt Harding):

* Did something different – challenged the process
* Was bold, took risks, and he didn’t seem to care what others thought
* Inspired a new vision of how the spaces and places in the video could be utilized
* Not only about him anymore but something bigger
* Enabled the crowd to act – empowered them to make the dance their own
* The first to model the dance
* Showed the others his dancing technique and saw them as equals

Other dancers:

* Transformed the 1st dancer into a leader
* Showed courage to join in
* Showed others how to follow
* Followed and learned from the 1st dancer
1. **Lead the students in a more personal discussion.** Explain to the student that going to college is risky and it takes courage. Talk about where they have been leaders in their life and where/how they can continue to act as leaders in high school to prepare themselves to be leaders throughout life.

**STUDENT PRODUCTS**

* **None**