


What Does a Student Assistance Professional Do All Day?


Project SUCCESS

School-wide Awareness Activities



Outreach and Communications

Project SUCCESS implementer (Student Assistance Professional) becomes part of the school and community.



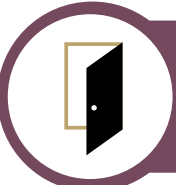
Prevention Education Series

Topics:

- Being an Adolescent
- Alcohol, Tobacco, and Other Drugs
- Relationships: Family and Friends
- Skills for Coping


Logistics:

- Regular High Schools: Grade 9 classrooms
- Regular Middle Schools: Grade 7 classrooms
- Alternative schools: groups of 8-10 students
- 6-8 Class periods
- Coordinated with teachers and staff
- Typically done in the beginning of the school year, **prior** to running groups



Referral Sources for Services

- Student Assistance Professional
- Self-Referral
- Prevention Education Services
- Child Study Team
- Staff
- Peer
- Parents
- Disciplinary / Mandatory



Screening/Assessment for Services


- Minimum 40-45 minutes: to assess for individual, family, Alcohol, Tobacco, and Other Drugs (ATOD) issues, and need for treatment
- Orientation to groups
- May take up to three sessions



Individual Sessions

One-to-One: Counseling

- Affected Others (children in families with substance use disorders)
- Substance Users



Support Groups


(offerings vary at each school)

Prevention	Intervention
<ul style="list-style-type: none"> • Newcomers • Affected Others (children in families with substance use disorders) • Seniors • Non Users • Assessment & Education • Siblings 	<ul style="list-style-type: none"> • Assessment & Education • Parents, Peers, and Partying • Substance Users • Affected Others/ Substance Abusers



Community Referrals

Referral for substance abuse, mental health treatment, or other services



Environmental Strategies

- School policies and procedures
- Participate in substance abuse prevention task forces (coalitions, committees, etc.)

Student Assistance Professionals also:

- Conduct substance abuse prevention and awareness training for school staff
- Present about the program at faculty meetings and school events
- Meet with school staff to increase referrals
- Attend activities for students, parents, and faculty

NOTE: Each school site has adaptations with the understanding that Project SUCCESS isn't one-size-fits-all. Different schools require adjustments to parts of this model for different reasons. Questions or concerns should be directed to the ESD Supervisor.

